



# Mental Health Service Transitions Pathway Update

Presentation to Joint Meeting of the Scrutiny for Policies,  
Adults and Health Committee & the Scrutiny for Policies,  
Children and Families Committee 12<sup>th</sup> January 2018.



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# Background

- Somerset Partnership are signed up to a Commissioning for Quality and Innovation (CQUIN) national goal: supporting children and young people experiencing transition from Child and Adolescent Mental Health Services (CAMHS) to to Adult Mental Health Services.
- In consideration of this CQUIN goal a steering group within Somerset Partnership has been established to oversee the developments of a newly developed Transitions Pathway.
- Cultural differences between CAMHS and AMHS are significant – examples include: differences with the involvement of parents / families; capacity to consent to treatment; diagnostic differences. The steering group has enabled robust discussion and development of shared understandings across the service as a starting point.



# Transitions pathway steering group

The Transitions Pathway steering group has identified eight clinical or operational pathways. Each pathway has been allocated named leads in both CAMHS and AMHS. The designated pathways are as follows:

- Community Mental Health Services (i.e., CAMHS to adult CMHTS)
- Early Intervention in Psychosis (EIP)
- Inpatient & Home Treatment Teams
- Learning Disabilities
- Neurological Development
- Connect 18 (previously YAMHS)
- Personality Disorders
- Eating Disorders.



# Transitions Pathway Steering group

Underpinning each of these pathways are a series of agreements, protocols and working arrangements enabling the early identification of young people in the respective young people's services and the collaborative planning for their transfer at, pre, or post their eighteenth birthday and clinically indicated.

The objective of these activities is to ensure only those who require onward support into adult services do transition across, but where they do, that the most appropriate support is provided on a personalised basis with the most appropriate clinicians and teams involved in a timely fashion.



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# Local Area Transition Panels

**Local Area Transition Meetings:**

**Terms of Reference – December 2017**

**Purpose**

To provide a decision making forum and develop appropriate Transition Plans for young people who need to transition from Child and Adolescent Mental Health services (CAMHS) to Adult Community Mental Health Services (ACMHS).

This meeting is to ensure that services work together as part of the overall 0-25 pathway. The meeting is to provide oversight and leadership to the Individualised Transition Plan for the young person thereby ensuring timely delivery and realisation of intended benefits.

The Local Area Transition Panel Purpose and Responsibilities include:

- Monitor transition for young people from 17 years 9 months
- Approve and assign resources
- Appoint and assign resources
- Provide assurance around the health and safety of the care delivery and progress made towards transition
- Escalate to Complex Transitions Panel where local area panel unable to assign appropriate resource.

**Membership**

Membership includes team managers from CAMHS East, CMHT, Talking Therapies; Young Person's champion; Psychiatrist CAMHS & Adult CMHT. Other members may attend for specific cases, for example CAMHS Enhanced Outreach Team Manager, CAMHS Eating Disorder Services, or Learning Disability services.

**Quorate** – In order for the panel to go ahead, minimum attendance would be a member of CAMHS and a member of adult mental health services.

**Key Decisions**

- Transition plan agreed for each young person or
- Where a decision cannot be achieved, appropriate escalation to Complex Transitions panel.

**Values:**

Working together to ensure key aim achieved, that young people aged 17 years old will be supported to make the journey between childhood and adulthood as smooth as possible.

Champion the change by staying focussed on the young person

Clearly communicated decision making

- Terms of reference awaiting sign off
- Monthly joint CAMHS / AMHS meetings established in South Somerset, Mendip, Bridgewater and Taunton
- Team Managers, Young Person's Champion,
- Working together to identify individualised Transition care plan for young person



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# Transition from CAMHS to AMHS

## Individualised Transition Plans: Options

- Mental health need resolved – close
- Extension of CAMHS provision
- Transition to Talking Therapies (Primary Care)
- Transition to appropriate Adult Mental Health Service, as identified



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## Transition from CAMHS to AMHS

**If disputes arise, or in particularly complex cases, an escalation panel composed of senior clinicians and service directors will review the case prior to the young person's transition and direct which pathway or service option is to be taken.**





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## Complex Case Transitions Panel

- County Wide Senior Management Decision Making Panel
- Review the case presented
- Decide on action to feedback to local teams
- Option of new Connect 18 service







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# Connect 18

- To support this process further a small dedicated team to support identified individuals has been established: the Connect 18 service.
- This service has now been fully appointed to (2 band 6s and 2 and 4s) with the launch date for the service being the 1st December 2017.
- The Connect 18 service will cover the whole county with a dedicated caseload and liaising with peer clinicians in both children's and adult services.



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# Participation

- The views of young people have been sought throughout these developments, through focus groups, approaching our Participation panels (across the county) and in surveying adults who have recently moved between services. Actively seeking and listening to the feedback from those young people who use the service.
- The steering group had initially been referred to as the 0-25 steering group and was changed to Transitions pathways. Additionally the same young people feedback that they did not like the name Young Adult's Mental Health Service (YAMHS), and so based on their chosen preferences the new name of Connect 18 has been adopted to replace YAMHS.



# Multi-Agency Transitions Involvement

- Members of the SEND Priority 3: Transitions Agenda (Tony Wolke Operational Service Manager Adult Learning Disabilities Service; Tracey Winsor Operational Service Manager CAMHS)
- Choices for Life Panels – development of a strategy around links with these
- Transforming Care Forum members (Tony Wolke Operational Service Manager Adult Learning Disabilities Service; Tracey Winsor Operational Service Manager CAMHS)